

Week A	Main Course		Side Dish	Second Course
Monday	Italian Vegetable Bolognese (PU) (T)	Lentils, mushroom, carrot, butternut squash, onion, tomato, garlic, basil, rosemary, mixed herbs, paprika, stock & rice flour	Pasta (G)	Greek Style Apple & Apricot Yoghurt (D)
Tuesday	Turkey Stroganoff (D) (PU)	Turkey breast, onion, leeks, carrot, mushroom, garlic, cream, paprika, bechamel (contains coconut), vegetable stock	Brown Rice	Fruit Salad of Peach, Pear & Apricot
Wednesday	Simply Chicken (T)	Diced chicken, onion, garlic, peppers, butternut squash, tomato & rice flour	Pasta (G)	Carrot, Cinnamon & Cream Cheese Sponge (D) (G) (S)
Thursday	Shepherd's Pie (PU) (T)	Minced lamb, potato, lentils, carrot, parsnip, cabbage, onion, garlic, sweetcorn, mint sauce, gravy, rosemary & tomato.	Cabbage, Carrots & Peas (PU)	Greek Style Vanilla Yoghurt (D)
Friday	Vegetable Massaman Curry (D) (PU) (SD) (T)	Potato, onion, peppers, sweet potato, cauliflower, leeks, Thai green curry paste, apricots, garlic, cinnamon, coriander, mild curry powder, ginger, coconut milk, red lentils, pineapple, bechamel, vegetable stock, tomato & cream	White Rice	Fresh Melon

Week B	Main Course		Side Dish	Second Course
Monday	Butter Chicken (D) (PU) (SD) (T)	Diced chicken, tomato, bechamel (contains coconut), cream, butternut squash, onion, garlic, coriander, curry paste (mixed spices), lemon juice, garam masala, ginger, paprika, cumin	Yellow Rice	Peaches & Pineapple
Tuesday	Tuscan Salmon (D) (F) (PU) (SD) (T)	Salmon, onion, garlic, carrot, sweet potato, spinach, sweetcorn, peppers, tomato, soft cheese, lemon juice, basil, vegetable stock, bechamel (contains coconut)	Pasta (G)	Fruit Loaf (G) (S) (SD)
Wednesday	Winter Vegetable Casserole (D) (PU) (T)	Kidney beans, haricot beans, turtle beans, potato, onion, peppers, butternut squash, leeks, garlic, thyme, bechamel (contains coconut), rosemary, tomato, stock, cream	Roasted Rosemary New Potatoes	Fresh Melon
Thursday	Pork Chow Mein (PU) (T)	Diced pork, onion, mixed peppers, carrot, sweetcorn, bean sprouts, cabbage, coriander, ginger, cumin, pineapple juice, stock & tomato.	Wholewheat Noodles (G)	Greek Style Pineapple Yoghurt (D)
Friday	Beef Ragu (T)	Diced beef, parsnip, butternut squash, onion, garlic, carrot, leek, mushroom, tomato, rosemary, basil, stock, & gravy	White Rice	Braised Cinnamon Pears (SD) with Vanilla Creme Fraiche (D)

Week C	Main Course		Side Dish	Second Course
Monday	Mild Vegetable Chilli (PU) (SD) (T)	Haricot beans, kidney beans, black turtle beans, butternut squash, peppers, sweet potato, onion, coriander, garlic, apricots, oregano, cumin, vegetable stock, smoked paprika, rice flour, tomato	Wild Rice	Peach Fromage Frais (D)
Tuesday	Thai Red Lentil Curry (D) (PU) (T)	Lentils, red onion, peppers, carrot, peas, coriander, basil, Thai curry paste, bechamel, coconut milk, ginger, garlic, vegetable stock, lime zest, cream, tomato puree	Wholewheat Noodles (G)	Fruit Salad of Peach, Pear & Apple
Wednesday	Barbecue Chicken (SD) (T)	Sliced chicken breast, onion, garlic, butternut squash, pineapple, peppers, tomato, coriander, cumin, smoked paprika, red wine vinegar, stock & rice flour	White Rice	Coconut & Cream Cheese Sponge (D) (G) (S)
Thursday	Speldhurst Beef Sausage Hot Pot (G) (PU) (SD) (T)	Diced Speldhurst beef sausage, onion, garlic, cabbage, carrot, mushrooms, tomato, rosemary, basil, stock, paprika, haricot beans & potato	Mashed Potato	Greek Style Pear Yoghurt (D)
Friday	Around the World Menu			

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 PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

NURSERY LUNCH MENU

Autumn Winter 2025/26

Vegetarian
Vegan
Tomato
Sulphites
Soya
Pulse/Bean
Pork
Halal
Gluten
Fish
Egg
Dairy
Citric Acid/Spice
Celery
Beef

Week A	Dish	Dietaries													
Monday	Italian Vegetable Bolognese			●				●	●		●		●	●	●
	Pasta			●	●			●	●		●		●	●	●
	Greek Style Apple & Apricot Yoghurt			●	●			●	●		●		●	●	●
Tuesday	Turkey Stroganoff			●	●						●			●	●
	Brown Rice			●					●					●	●
	Fruit Salad of Peach, Pear & Apricot			●					●					●	●
Wednesday	Simply Chicken			●									●		●
	Pasta			●				●	●				●	●	●
	Carrot, Cinnamon & Cream Cheese Sponge			●	●			●	●		●			●	●
Thursday	Shepherd's Pie			●							●		●		●
	Cabbage, Carrots & Peas			●					●		●			●	●
	Greek Style Vanilla Yoghurt			●	●				●		●				●
Friday	Vegetable Massaman Curry			●	●				●		●		●	●	●
	White Rice			●					●					●	●
	Fresh Melon			●					●					●	●

Week B	Dish	Dietaries													
Monday	Butter Chicken			●	●						●		●	●	●
	Yellow Rice			●					●					●	●
	Peaches & Pineapple			●					●			●		●	●
Tuesday	Tuscan Salmon			●	●		●		●		●		●	●	●
	Pasta			●				●	●					●	●
	Fruit Loaf			●				●	●		●		●	●	●
Wednesday	Winter Vegetable Casserole			●	●				●		●		●	●	●
	Roasted Rosemary New Potatoes			●					●					●	●
	Fresh Melon			●					●					●	●
Thursday	Pork Chow Mein			●						●	●		●		●
	Wholewheat Noodles			●				●	●					●	●
	Greek Style Pineapple Yoghurt			●	●				●						●
Friday	Beef Ragu	●		●									●		●
	White Rice			●					●					●	●
	Braised Cinnamon Pears			●					●			●		●	●
	with Vanilla Creme Fraiche			●	●				●					●	●

Week C	Dish	Dietaries													
Monday	Mild Vegetable Chilli			●					●		●		●	●	●
	Wild Rice			●	●				●					●	●
	Peach Fromage Frais			●	●				●				●	●	●
Tuesday	Thai Red Lentil Curry			●	●				●		●		●	●	●
	Wholewheat Noodles			●				●	●					●	●
	Fruit Salad of Peach, Pear & Apple			●					●					●	●
Wednesday	Barbecue Chicken			●								●	●		●
	White Rice			●					●					●	●
	Coconut & Cream Cheese Sponge			●	●			●	●		●			●	●
Thursday	Speldhurst Beef Sausage Hot Pot	●		●				●			●		●		●
	Mashed Potato			●					●					●	●
	Greek Style Pear Yoghurt			●	●				●						●
Friday	Around the World Menu														

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Day	Main Course		Side Dish	Second Course
31 Oct 2025	French Beef Bourignonn (T)	Braised beef, onion, carrot, parsnip, sweet potato, cabbage, thyme, garlic, smoked paprika, tomato, gravy, parsley & rice flour.	New Potatoes	Plum Yoghurt (D)
21 Nov 2025	Portuguese Chicken (D) (PU) (SD) (T)	Sliced chicken, carrot, peppers, red onion, sweet potato, garlic, orange zest, lime zest, apricot, red lentils, tomato, coriander, rosemary, basil, smoked paprika, mixed spices, sweetcorn, rice flour, cream & bechamel (contains coconut)	White Rice	Fruit Salad
12 Dec 2025	Cuban Pork (PU) (T)	Diced pork, carrot, mixed peppers, onion, butternut squash, black turtle beans, haricot beans, basil, garlic, coriander, orange juice, orange zest, smoked paprika, cumin, oregano, cinnamon, stock & tomato	Brown Rice	Mango Yoghurt (D)
2 Jan 2026	Creamy Red Pesto Chicken (D) (PU) (T)	Chicken, carrot, spinach, garlic, basil, onion, red lentils, haricot beans, peppers, bechamel (contains coconut), cream, & tomato	Pasta (G)	Orange & Rosemary Flapjack (G)
23 Jan 2026	Moroccan Beef & Apricot Tagine (PU) (SD) (T)	Beef, chickpeas, onion, carrot, potato, peppers, tomato, garlic, cumin, coriander, cinnamon, apricots, dates, parsley, stock & rice flour	Brown Rice	Sultana, Date & Cream Cheese Sponge Slice (D) (G) (S) (SD)
13 Feb 2026	Spinach & Paneer Makhani (D) (PU) (SD) (T)	Spinach, paneer, onion, sweet potato, peppers, chickpeas, mango chutney, bechamel, coconut milk, carrot, garlic, tomato, curry powder, curry paste, yoghurt	White Rice	Fruit Salad
6 Mar 2026	Jamaican Jerk Chicken (PU) (T)	Diced chicken, carrot, peppers, red onion, courgette, pineapple, tomato, rice flour, mixed spice, lime zest, thyme, kidney beans, stock & ginger	Rice & Peas (PU)	Banana Yoghurt (D)
27 Mar 2026	Yellow Thai Lentil Curry (D) (PU)	Lentils, red onion, peppers, carrot, courgette, basil, Thai curry paste, bechamel, peas, coconut milk, turmeric, garlic, lime zest, coriander, cream	White Rice	Fruit Salad of Peach, Pear & Apricot
17 Apr 2026	Roast Chicken in Gravy with Baby New Potatoes	Chicken breast & gravy New potatoes	Cabbage & Carrots	Mixed Berry Yoghurt (D)

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AROUND THE WORLD NURSERY LUNCH MENU

Autumn Winter 2025/26

Vegetarian
Vegan
Tomato
Sulphites
Soya
Pulse/Bean
Pork
Halal
Gluten
Fish
Egg
Dairy
Citric Acid/Spice
Celery
Beef

Day	Dish	Dietaries													
31 Oct 2025	French Beef Bourignnon	●		●					●				●	●	●
	New Potatoes			●	●				●					●	●
	Plum Yoghurt			●	●				●						●
21 Nov 2025	Portuguese Chicken			●	●						●		●	●	●
	White Rice			●					●					●	●
	Fruit Salad			●					●					●	●
12 Dec 2025	Cuban Pork			●					●	●	●		●	●	●
	Brown Rice			●	●				●					●	●
	Mango Yoghurt			●	●				●						●
2 Jan 2026	Creamy Red Pesto Chicken			●	●			●	●		●		●	●	●
	Pasta			●	●			●	●		●			●	●
	Orange & Rosemary Flapjack			●				●	●					●	●
23 Jan 2026	Moroccan Beef & Apricot Tagine	●		●					●		●		●	●	●
	Brown Rice			●	●				●					●	●
	Sultana, Date & Cream Cheese Sponge Slice			●	●			●	●		●	●		●	●
13 Feb 2026	Spinach & Paneer Makhani			●	●				●		●		●	●	●
	White Rice			●					●					●	●
	Fruit Salad			●					●					●	●
6 Mar 2026	Jamaican Jerk Chicken			●					●		●		●	●	●
	Rice & Peas			●					●		●			●	●
	Banana Yoghurt			●	●				●						●
27 Mar 2026	Yellow Thai Lentil Curry			●	●				●		●			●	●
	White Rice			●					●					●	●
	Fruit Salad of Peach, Pear & Apricot			●					●					●	●
17 Apr 2026	Roast Chicken in Gravy								●					●	●
	with Baby New Potatoes								●					●	●
	Cabbage & Carrots								●					●	●
	Mixed Berry Yoghurt			●	●				●					●	●

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